

### Community Affairs Activities for Next Term (Jan - Mar 2010)

	<u>8.30 - 10.00am</u> Oasis	<u>10.30 - 12.30pm</u> Shirley High	<u>12.15 - 13.45pm</u> Oasis	<u>14.15 - 15.45pm</u> Oasis	<u>15.00 - 16.00pm</u> Oasis	<u>16.30 - 17.30pm</u> Oasis
<b>09/01/2010 - Saturday</b>	Yoga Classes - Parents		Workshop/Health Club - 01	Health & Beauty Classes for mums	Badminton Club - For Parents	
<b>16/01/2010- Saturday</b>	Yoga Classes - Parents		<b>Youth Club Launch Day</b>			Youth Sports Club (Table tennis & badminton)
<b>23/01/2010- Saturday</b>	Yoga Classes - Parents		Workshop/Health Club - 02	Health & Beauty Classes for mums	1.Badminton Club - For Parents 2.Web Design Classes	Youth Sports Club (Table tennis & badminton)
<b>24/01/2010- Sunday</b>		Youth Club (Year 9 to 16) Supported By F4Life & SLTWG				
<b>30/01/2010- Saturday</b>	Yoga Classes - Parents		Parental classes By SLTWG	Health & Beauty Classes for mums	1.Badminton Club - For Parents 2.Web Design Classes	Youth Sports Club (Table tennis & badminton)
<b>31/01/2010- Sunday</b>		Youth Club (Year 9 to 16) Supported By F4Life & SLTWG				

**8.30 - 10.00am**    **10.30 - 12.30pm**    **12.15 - 13.45pm**    **14.15 - 15.45pm**    **15.00 - 16.00pm**    **16.30 - 17.30pm**  
 Oasis                      Shirley High                      Oasis                      Oasis                      Oasis                      Oasis

<b>06/02/2010- Saturday</b>	Yoga Classes - Parents		Parental classes By SLTWG	Health & Beauty Classes for mums	1.Badminton Club - For Parents 2.Web Design Classes	Youth Sports Club (Table tennis & badminton)
<b>07/02/2010- Sunday</b>		Youth Club (Year 9 to 16) Supported By F4Life & SLTWG				
<b>13/02/2010- Saturday</b>	Yoga Classes - Parents		Parental classes By SLTWG	Health & Beauty Classes for mums	1.Badminton Club - For Parents 2.Web Design Classes	Youth Sports Club (Table tennis & badminton)
<b>14/02/2010- Sunday</b>		Youth Club (Year 9 to 16) Supported By F4Life & SLTWG				
<b>20/02/2010- Saturday</b>	Yoga Classes - Parents		Parental classes By SLTWG	Workshop/Health Club - 03	1.Badminton Club - For Parents 2.Web Design Classes	Youth Sports Club (Table tennis & badminton)
<b>21/02/2010- Sunday</b>		Youth Club (Year 9 to 16) Supported By F4Life & SLTWG				

**8.30 - 10.00am**    **10.30 - 12.30pm**    **12.15 - 13.45pm**    **14.15 - 15.45pm**    **15.00 - 16.00pm**    **16.30 - 17.30pm**  
 Oasis                      Shirley High                      Oasis                      Oasis                      Oasis                      Oasis

<b>27/02/2010- Saturday</b>	Yoga Classes - Parents		Parental classes By SLTWG	Workshop/Health Club - 04	1.Badminton Club - For Parents 2.Web Design Classes	Youth Sports Club (Table tennis & badminton)
<b>28/02/2010- Sunday</b>		Youth Club (Year 9 to 16) Supported By F4Life & SLTWG				
<b>06/03/2010- Saturday</b>	Yoga Classes - Parents		Parental classes By SLTWG	Health & Beauty Classes for mums	1.Badminton Club - For Parents 2.Web Design Classes	Youth Sports Club (Table tennis & badminton)
<b>07/03/2010- Sunday</b>		Youth Club (Year 9 to 16) Supported By F4Life & SLTWG				
<b>13/03/2010- Saturday</b>	Yoga Classes - Parents		Parental classes By SLTWG	Health & Beauty Classes for mums	1.Badminton Club - For Parents 2.Web Design Classes	
<b>14/03/2010- Sunday</b>		Youth Club (Year 9 to 16) Supported By F4Life & SLTWG				

<b>20/03/2010</b> <b>21/03/2010</b>	Yoga Classes - Parents	<b>Cultural Program week</b>
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27/03/2010	Yoga Classes - Parents	<b>Coach Trip &amp; Term End</b>
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- Workshop/Health Club - 01 Intermediate help to IDP - external speakers from a charity organisation who identified widows & families at IDP and presenting their proposals of intermediate helps.
- Workshop/Health Club - 02 Health club -Early identification of symptoms and signs on critical illnesses - an eye opening session by Dr Siva / Some Other Professionals
- Workshop/Health Club - 03 An open day for older people - we may fix the date for the trip to temple for them and identify their future need also may form a Rama club
- Workshop/Health Club - 04 Health club - Risk assessment - you can check your heart health risk assessment by computer technology using evidence based medicine